

"Happy National Nursing Assistant Week!"
– Submitted by Your Biggest (and youngest Fans at NCHC)



NEWS YOU CAN USE



WEEKLY CONNECTION WITH MICHAEL LOY

COVID-19 Fatigue

If you're feeling fatigued lately, it may be a symptom of COVID-19 and you should consider getting tested. It also might just be "COVID fatigue". If anyone has asked me lately about how I'm doing with this all, I simply say "I'm over it" and want to move on. The reality though is that cases are increasing locally and nationally. We must remain vigilant. There are a lot of new words reflective of the times. Social Distancing, Quarantine Crew, and my new favorites "Quaranteam" or "COVID

Bubble". The idea in the latter two is creating allegiances of small groups of people you are willing to share air with without wearing a mask or social distancing. In making the pact you agree not to "see" other groups outside the Quaranteam or COVID Bubble. It seems each day that we are fighting urges to get back to normalcy and slowly are starting to let our guard down.

Whatever you're doing to cope, please stay safe, and especially take care of your mental wellbeing. There truly is fatigue and it's a psychological strain. I love to wake up early and over the past few weeks I've been going on walks around my neighborhood to start the day. With the sun coming up and the cool air each morning, I feel a sense of rejuvenation each day. Without this time each day I'm not sure I would be coping as well. COVID fatigue is a real thing. It's the last thing any of us want to talk about and it's the only thing we can really talk about. Its presence seems to never be felt. The disruption to our lives is measurable in many ways. My hope is that this all shall pass, but soon please.

If you find yourself being less vigilant in wiping down things, sanitizing or washing your hands, or in wearing your mask, you're not alone (well at least not when you're at work because we still require you to do these things), but together we can get through it all. COVID fatigue may seem inescapable for the time being but the real risk of fatigue is letting your guard down.

Stay safe, stay healthy, and make it a great day!

Michael Loy

Video of the Week..... 2
Happy CNA Week!

Throwback Fun..... 3
Winner and New Photo

Elder Abuse Awareness Day 4
Thanks for Your Support!

Tidbits on Benefits..... 8
Mosquitoes, Poison Sumac and Poison Ivy...Oh My!

Renovations..... 9-10
New Photos

Person-Centered
Shout



**Chad Karsnia,
Mary Ann Popp
& Merry Malone,
Business Ops**

Thank you for helping
get the mail out!
Submitted by:
Kim Wieloch



ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

In the event of Phone System Outage,
reference the O:drive "On-Call Information Folder"
for Schedule and Cell Phone #'s.

**Monday, June 22 –
Sunday, June 28**

Jarret Nickel



**Celebrating
National Nursing
Assistant Week!**

**Turn to Pages 2 and 3
for all the details!**



Video

PHOTO OF THE WEEK



"Happy National Nursing Assistant Week!"
– Submitted by Your Biggest
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Submit A Great Photo From Your Week!

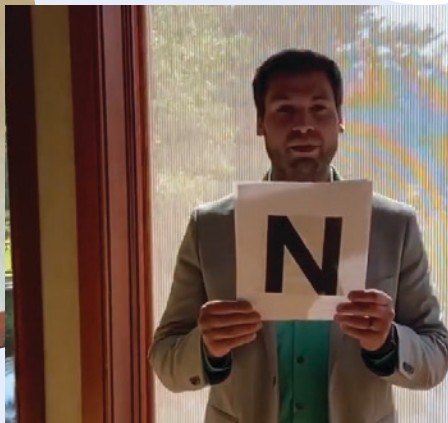
Submit your photo and description to Email: jmeadows@nrcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.



WE THANK YOU
FOR ALL THAT YOU DO!
HAPPY CNA WEEK!



SHARED ON
SOCIAL!
#CNAWeekNCHC



Celebrating National Nursing Assistant Week!

Certified Nursing Assistants work in many of our programs at North Central Health Care from our nursing homes, mental and behavioral health or developmental disabilities programs. They are known by different titles and have different roles like nursing assistant, behavioral health tech, residential care assistant and staff development to name a few.

We know you work hard for all those we serve. We see your efforts to make each day brighter for our patients, residents, clients and your coworkers. We see how you bring people together, you make people feel comfortable and you provide care and support in so many ways to so many.

Your work as a CNA is the backbone of healthcare. You help things run smoothly. You give your hands to hold, your ears to listen and your arms to wrap around those who need support. Your contributions to healthy patient outcomes and your determination to continually better yourselves is worthy of respect and appreciation by our entire healthcare team and community.

Thank you for all you do!


North Central Health Care
Person centered. Outcome focused.
www.nrcen.org

Show Your Appreciation Online!



Share Our CNA Appreciation Video
#CNAWeekNCHC

June 18 – 24, 2020



A Special Video just for Our CNAs! <https://youtu.be/8FgN-1eWNpE>


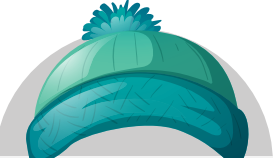


CERTIFIED NURSING ASSISTANTS WEEK

June 22-26



We are so grateful for all our AMAZING CNAs at Mount View Care Center, Pine Crest Nursing Home and All Our Programs Across NCHC! Let's show our appreciation for all their hard work in a way that's fun this week! Dress-up in celebration of National Nursing Assistants recognition week. Thank you for all that you do!

				
Sunshine Monday	Tornado Tuesday	Blackout Wednesday	Whiteout Thursday	Catch Some Rays Friday
June 22	June 23	June 24	June 25	June 26
Dress in all Yellow!	Mismatch that Outfit!	Dress in All Black!	A Cold Day in June! Wear All White or Winter Wear!	Wear your bright colors or neon! Don't forget your Sunglasses!



THROWBACK FUN!

Guess The Year....???

Having some fun with throwback photos. Take a guess at what year the "Gazebo" on the Wausau Campus was opened with a ribbon-cutting ceremony...**Submit your answer by Wednesday, June 24th to NCHCmarketing@nrcen.org for a chance to win a prize.** Winner will be announced in the June 26 News You Can Use!



HAVE A FUN THROWBACK PHOTO?

Email NCHCmarketing@nrcen.org or text to 715.370.1547 to have people guess who is in the picture?

CONGRATS TO KATHY DESANTIS, VOLUNTEER SERVICES!

Kathy guessed right and also got the year correct!

Connie Gliniecki and Lori Koeppel were duct taped to a wall in Mount View Care Center in 2009!

Kathy will have some NCHC Swag delivered to her department this week!

(Think this photo is worthy of re-enactment?)





ELDER ABUSE AWARENESS DAY June 15, 2020

Elder abuse refers to intentional or negligent acts by a caregiver or “trusted” individual that causes (or potentially causes) harm to an older adult. It’s on us to stop elder abuse.

This week we shared information to help educate, inform and prevent elder abuse.

Know the signs. Visit our website at <https://www.norcen.org/StopElderAbuse> and join our team in Adult Protective Services as they educate and stop elder abuse.

FACE MASK PROJECT APPROACHING 5,000 MASK GOAL!

Over 3,400 Masks Have Been Donated!

With requirements by our staff and recommendations by local health departments, masks are a thing of the norm these days. With your support and the support of many in our community, over 3,400 masks have been donated since the Face Mask Project went live on May 5. Thank you to all those who are sewing and donating.

Masks are being distributed to clients, patients and residents as well as families visiting and employees families. If you need a mask for you or your family, please contact your manager and masks can be delivered to your program.



TOMAHAWK OFFICE OUTAGE ANNOUNCEMENT

June 26 Schedule Internet Outage

The Tomahawk Office will be experiencing a Spectrum Internet outage on June 26, from 12:01 am to 5:30 am. Even though the office is closed during this time frame, staff should pay special attention to any issues that may be experienced when working in or contacting the Tomahawk Office around this date.

SAFETYZONE OCCURRENCE REPORTING REMINDER

If You Are Unsure, Just Report It!

Reporting occurrences is critical for organizations to bring awareness to events that signal harm or potential harm to patients, staff or visitors. And this is part of our ongoing commitment to enhance services and safety through the use of technology.

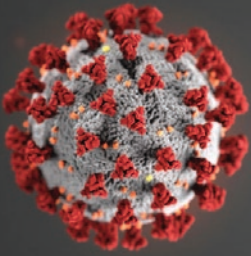
An occurrence is any incident that is not consistent with routine operation and that may potentially or actually result in injury, harm or loss to any patient/client/resident, visitor, volunteer or employee of NCHC. All occurrences should be reported. Below is a list of common occurrence events that should be reported:

- Falls (anyone – patients, visitors, volunteers, employees)
- Injuries to anyone
- Complaints (from anyone – patient, caregiver, facility, etc.)
- Medication errors
- Compliance concerns
- HIPAA breaches or potential breaches of information
- Abuse/neglect/misappropriation/exploitation





COVID-19 Coronavirus



DO YOU HAVE A QUESTION ABOUT COVID-19?

NCHC has an online submission form for employees. You may submit a question online and if you leave your contact information, we will get back to you directly. You may also submit a questions anonymously and we will share the answer with your program or to all-staff through weekly communications.

Please visit www.norcen.org/ForEmployees and click **SUBMIT A QUESTION**

COVID-19 REMINDERS FOR THE WEEK!

Zone Access on Wausau Campus Please remember that the Wausau Campus is still operating in zones. Employees are not permitted to walk between zones unless your activities and duties are essential and you have permission from your Director or Operations Executive.

Wausau Campus Tunnel It has been asked if staff in the Wausau Campus Yellow Zone can use the tunnel to walk for exercise during lunch breaks when the weather is rainy outside. The answer is YES, as long as the following conditions are met: 1. Masks are required and practice social distancing. 2. Staff are not allowed to enter the Laundry or Lake View Professional Plaza building from the tunnel as this would be crossing zones.



Marathon County
Employees Credit Union

Summer VISA Balance Transfer Special Going On Now!



CREATE SIMPLE JOYS *together*

Keep your future bright and lighten your financial load while enjoying our summer transfer promotion rate.

3.99% APR* FOR 14 MONTHS

When you transfer an existing balance to our credit union credit card between June 1, 2020 and August 31, 2020

Balance transfers completed 6/1/2020 through 8/31/2020 will receive 3.99% APR* for 14 months from date of transfer. After the promotional time frame expires, remaining balances will migrate to the standard APR applicable on your account. Contact the credit union for complete details.
*APR = Annual Percentage Rate

Transfer your existing credit card balances to a Marathon County Employees CU credit card. Transfer any balance between 6/1/2020 and 8/31/2020 and receive 3.99% APR for 14 months from date of transfer. After the promotional timeframe expires, remaining balances will migrate to standard APR applicable on your account. Contact the credit union for complete details.

APR = Annual Percentage Rate All loans are subject to MCECU'S normal credit requirements.

Apply Online @ www.mcecu.org

Don't already have a MCECU Credit Card? Contact Pete to Apply! **Peter.Wolf@co.marathon.wi.us**

715 261-7680

400 East Thomas Street • Wausau, WI 54403

Proudly Serving NCHC Employees & Their Families Since 1965.



NEW Position Posting

Title: Behavioral Health Tech/CNA

Status: Full Time **Location:** Wausau Youth Hospital

Apply Online! <https://bit.ly/BHSTechYouthNCHC>

The Behavioral Health Technician is responsible for assisting the RNs and LPNs in providing individualized psychiatric nursing care for patients in the Youth Behavioral Health Hospital. As an essential part of the multidisciplinary treatment team, the Behavioral Health Tech works to create a healing and trauma-informed environment for hospitalized youth.

Education and Experience Requirements

- Current Certified Nursing Assistant certification from the Wisconsin Nurse Aides Registry
- Current BLS (CPR) Certification
- Driving Requirements: Valid Wisconsin driver's license and appropriate auto insurance coverage as required by North Central Health Care

Preferred:

- Two years relevant experience
- Experience with children and/or adolescents

NEW Position Posting

Title: Patient Care Professional

Status: Full Time **Location:** Wausau Youth Hospital

Apply Online! <https://bit.ly/BHSYouthPatientCare>

The Patient Care Professional will work in collaboration with the Occupational Therapy Assistant (OTA) and the psychiatric care treatment team to develop, recover, or maintain the daily living skills of youth behavioral health hospital patients. In addition to providing direct care and services to youth, the Patient Care professional creates and facilitates activities for patients that cultivate stabilization, overall wellbeing, growth, skill development, and learning. As an essential part of multidisciplinary treatment team, the Patient Care Professional works to create a healing and trauma-informed environment for hospitalized youth.

Education and Experience Requirements

- Bachelor's degree in Human Services or related field.
- One to three year's relevant experience.
- Valid Wisconsin driver's license and appropriate auto insurance coverage as required by North Central Health Care.
- Must have the use of a personal vehicle.

Preferred:

- 3-5 years experience
- Experience working with children and/or adolescents.




North Central Health Care
Person centered. Outcome focused.

Housekeeping Aide

REALISTIC JOB PREVIEW

What's It Like to Work in Housekeeping?
Watch and Share Our Realistic Job Previews Online!

www.norcen.org/RJP



Jen Lemmer-Graber

Heather Will

Tricia Klemp

Stephany Tatro

Lynn Kelly

Kris Laffin



Carl Peterson

Randy Krueger

Susan DeLisle

Rachel Place Vachowiak

Kristin Verhulst

Karissa Nelson

OUTSTANDING TEAM PARTNERSHIP AWARD

Community Treatment, ACT Team

Congratulations to the Community Treatment ACT Team, recipient of NCHC's Outstanding Team Partnership Award. The ACT team meets daily and goes above and beyond each day to ensure that they meet the daily needs of our most intensive Community Treatment clients and that they remain safe in the community. The ACT Team works daily with nearly all departments throughout NCHC and have developed strong partnerships within our community and at NCHC.

"Regardless of illness, personal/medical leave, vacations or scheduling conflicts, the team is able to meet the needs of our consumers our clients do not have the supports of healthy friends and family or are too ill to accept support. It never fails to impress me that regardless of overwhelming barriers faced by our clients, as a team, the ACT Team all pitch in and cover the needs of our clients."

"After 15 years of case management in multiple different counties, I have never experienced the teamwork and client impact that the ACT team provides daily."



OUTSTANDING SERVICE EXCELLENCE AWARD

Carrie Salyers, HIM

Congratulations to Carrie Salyers, recipient of the NCHC's Outstanding Service Excellence Award. Carrie was nominated by staff from a different department that recognized her commitment to teamwork and quality. Carrie has been working on a project that not only helps physicians and staff with coding, making their day to day work easier, its helps NCHC get reimbursed correctly and patients billed correctly. She is concerned not just for the work in her program, but how it impacts others ability and accuracy to do their own.

"Carrie has worked to make this tool comprehensive, practical and scalable for growth in the future. She communicates well with those she meets with, trying to find the right solution to making coding easier for those who use it and for those who are not experts in the field. Its been a pleasure to work with her and have her on the NCHC team!"

OUTSTANDING PERSON-CENTERED SERVICE AWARD

June Ross, Residential

Congratulations to June Ross of Residential Services, recipient of the NCHC's Outstanding Person-Centered Service Award. Nominated by a member of her team who feels June exceeds her expectations every day.

"Even with children at home and another job, she is always flexible with her schedule and picks up many open shifts. She works with integrity and I can always count on her to make positive choices in the best interest of our clients. She treats everyone if they are a part of her extended family and everyone looks forward to working with her. June inspires me to bring 110% of myself to work and not only that, but to do it with a smile and sincere joy in my heart. Without dedicated staff like June, our group homes would not be able to run like they do. She is truly an essential part of our team and I'm so proud to have her."

Congratulations to Kari Borchardt of Mount View Care Center who was also nominated for this award.



OUTSTANDING LEADERSHIP AWARD

Cherie Mattson, Housekeeping

The Outstanding Leadership Award recognizes a director, manager or supervisor who inspires, influences and conducts themselves in a professional manner, acting as a role model for others to follow in the workplace and our community. Congratulations to Cherie Mattson of Housekeeping. Cherie was nominated twice this quarter by staff in different programs. Staff are inspired by her authentic and humble leadership.

"The first thing I learned about Cherie was how deep her relationships go with her employees. She knows their stories and listens to their ups and downs. She takes time to explain new things, new training and new events that her employees need to know about. She is always there without a complaint or hesitation to help cover an employee who needs it. Cherie has taught me a lot about leadership. Its doesn't have to be loud or attention getting or really anything fancy – just authentic and consistent."

Congratulations Cherie! Thank you for your outstanding leadership. Congratulations to Deanna Johnson, Jenny McKenzie and Tim Holzem who were also nominated for this award.



Nominate a Coworker or Team today! www.norcen.org/Recognition



tidbits on benefits

WELLNESS CORNER

Submitted by Sherry Gatewood, PA

THE MOSQUITOS ARE BACK!

Be prepared during time spent outdoors by using insect repellent, screens on porches, gazebos and tents and wearing long sleeve shirts and pants. Other than the initial sting, mosquito bites can be irritating by itching. The scratching can potentially lead to a bacterial infection of the skin. Clean mosquito bites with soap and water. You may need to cover the bites with a bandage to keep from continuing to scratch. There are several commercial creams and sprays that can be used to relieve the itching from calamine lotion, Benadryl brand or generic anti-itch spray to hydrocortisone steroid anti-itch cream. There is a small risk of systemic illness resulting in fever, headaches, neck stiffness and swelling of the brain leading to loss of muscular function. This is very rare but a good reason to protect yourself and your family. The Wisconsin Department of Health reports "There many illnesses spread by mosquitoes in Wisconsin. Not all mosquitoes spread illnesses, and you won't get sick from every mosquito bite, but it is important to make sure you are aware of mosquitoes, the illnesses they can spread, and how to prevent bites in the first place".

<https://www.dhs.wisconsin.gov/fight-bite/index.htm>



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Another summer culprit to cause skin symptoms is Poison Ivy, Poison Sumac, and Poison Oak. The oils from these plants can cause an itchy, blistering rash on the areas that it contacts. Wear gloves and long sleeves while doing yard work near wooded areas and especially when hiking in the woods! Wash the skin immediately with soap and water to avoid the blistering reaction that can occur. The oils can also be transferred to you from the fur of your pet. Wash your dog if it has been running around in the woods. If you find poison ivy in your yard, kill it or remove it while wearing gloves. Do not burn it in the brush pile as the oils can spread through the air. The skin lesions can be treated with a commercial product designed to block the spreading of the oils on the skin. Calamine lotion and anti-itch products can also be used to treat the itching symptoms. Good hand washing after applying is needed to prevent spreading of the oils. If the rash is on the face or genitals, or it appears to be progressing into a bacterial infection, prescription medications may be needed.

Here is more information about poison ivy, sumac and poison oak:

<https://www.mayoclinic.org/diseases-conditions/poison-ivy/symptoms-causes/syc-20376485>

Call the Employee Health and Wellness Center for an appointment at 715-843-1256. Hours are Monday-Wednesday-Friday 8am-4:30pm, Tuesday 6:30am-3pm, and Thursday 10am-6:30pm.



Sherry Gatewood, PA

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm



WAUSAU CAMPUS CAFETERIA

The Wausau Campus Cafeteria is Currently Closed

We understand closing the cafeteria and other closures has potentially created a hardship for some. We are committed to working with staff and the people we serve to ensure food security to the best of our ability.

Any staff member who has a concern about their ability and/or their households ability to have food security (access to food) will have the ability to reach out to our Dietary Services Director Jennifer Gorman so we can understand these challenges and hopefully work with you.

Please contact Jennifer at 1-715-851-3966 or jgorman@norcen.org

The Wausau Campus Canteen is currently closed, but will reopen at the same time the Cafeteria reopens. Watch for future announcements!



HURRY! 2ND QUARTER NOMINATION PERIOD ENDS JUNE 30!!



Nominate a Coworker Today!

Nomination forms, selection criteria, award details and more are available online at

www.norcen.org/Recognition



WAUSAU CAMPUS RENOVATION UPDATES

Youth Hospital and Adult CBRF



Michael Loy and Erica Huffman get a tour of the Youth Hospital and Adult CBRF which is nearing finishing stages on the Wausau Campus.

Both facilities are expected to wrap up in mid to late August with operations beginning shortly thereafter.

Hiring has already begun. If you are interested in positions at these new offices, please visit our Careers Page of our website or turn to page 6 for more details!





WAUSAU CAMPUS RENOVATION UPDATES

Skilled Nursing Tower: A View From Above

Standing on 1st Floor Deck



Views from the Roof of MVCC



www.norcen.org/Renovations